

Heat Policy

Skylark Sports heat policy is in place to ensure the safety of our athletes, coaches and families by making sure that we identify extreme heat situations and take the appropriate safety precautions.

Where the temperature is between 30 and 36 degrees, rest and hydration breaks will be increased in frequency.

- Drink bottles will be carried in the gym and available to athletes at all times
- Where necessary, breaks will be taken in air-conditioned areas
- Lesson plans will be modified to exclude overly strenuous activities
- If an athlete appears to be suffering from the heat the coach will ensure that the athlete rests and is moved to an air conditioned area. Ice packs, cold cloths and spray bottles can also be used to provide relief from the heat

The decision to cancel classes will be made based on the safety and the best interest of our members.

The temperature will be determined from:

- www.bom.gov.au
- City observations
- Scoresby location

Cancelled classes will be advised by:

- An email will be sent to families notifying them that classes may be cancelled
- A text message will be sent to families affected when a decision is made to cancel classes

Afternoon and Evening Classes

Where the temperature is or exceeds 37 degrees at 2.30pm, all afternoon and evening classes will be cancelled on that day. If a cool change is expected, classes may still run. If the temperature hasn't reached 37 degrees but it is expected to continue rising, classes may be cancelled.

Morning and Daytime Classes

Where the temperature exceeds 30 degrees at 9am and the temperature is forecast to continue rising, morning and daytime classes will be cancelled.

Tuition Policy

Refunds and credits are not provided for heat policy closures, but make-up classes are available. If more than one heat policy closure occurs for a class in a calendar year, the second and subsequent classes will be credited.